

Time / Date	November 3rd, 2022		
9:00 AM	Keynote Speaker - Dr. Jennifer Heisz Dr. Jennifer Heisz 1 hour Live		
10:00 AM	Gender Inclusive Practices: Building and Nurturing Safe Spaces Rebecca Richardson, Deniece Bell, Yumi Lee, Andrea Haefele 1 hr + Q&A	All Movement Matters Karie Papillon & Brandie Yorg 1 hr + Q&A	Improve with Di/The Physio Spot Dianna Moulden 1 hr + Q&A
11:00 AM	Physical Literacy - Abundant Living John Byl 1 hr + Q&A	Dancer not Dementia Rachel Bar 1 hr + Q&A	Future of H&W industry Jordan Foley 1 hr + Q&A
12:00 PM	Movement Break* Engie Martin 30 min Live Movement	Hand Dancing* Karen Fisher 30 min Live Movement	Athlete/Coach Dallas Soonias 1 hr + Q&A
12:30 PM	Keynote Speaker - Jesse Lumsden Jesse Lumsden 1 hour Live		
1:30 PM	Building your PHE Culture Callen McGibbon 1 hour + Q&A	Get Moving with MOVE Kyla Crocker 1 hour + Q&A	Making Fitness Fun with Boardgains Eric Mathura 30 min + Q&A Physical Literacy through Frisbee & Disc Golf Rob McLeod 30 min + Q&A
2:30 PM	PLAY inclusive Paolo Zambito 1 hour + Q&A	Traffic Light Method of Physical Literacy Suzie Carmack 1 hour + Q&A	
3:30 PM	Find your Breath, Ignite your Fire Michelle Hillier 1 hour + Q&A	Adaptive Dance Nancy Lehan 1 hour + Q&A	
4:30 PM	Moving Mindfully* Cynthia Campanaro 1 hr + Q&A	It's Never About the Game Sarah Gallsworthy, Anthony De Laurentis 1 hr + Q&A	

Streams	Education (elementary)
	Education (secondary)
	SHSM Stream
	Recreation/Community Leaders
	Accessibility and Disability
	Coaches/Parents/Athletes
	Older Adults
*Active movement presentation	