

Time / Date	Tuesday October 26th			Time / Date	Wednesday October 27th		
10:00 AM	Women in Wellness: Initiative for Newcomers Kabir Hosein and Nicole Beauregard 30 min + Q&A	Building Community Through Movement Marlee Corcoran 30 min + Q&A		10:00 AM	Unmasking ADHD Sherri Lojzer 1 hour + Q&A	Individualized Physical Education K-6 and Innovative Toppletubes Dr. John Byl 1 hour + Q&A	Community Collective Approaches to Disability Inclusion in Physical Literacy Andrea Carey, Karen Dommert and Emily Glossop 1 hour + Q&A
11:00 AM	Adaptive Fitness and Sport in Mainstream Fitness and Sport Settings: Redefining Health Contexts and Realizing Opportunities Jess Silver 30 min + Q&A	*Boxing For Fitness Syd Vanderpool 30 min + Q&A	Nothing Is As Practical As A Good Theory! A Systematic Review of Physical Literacy Interventions Dr. Johannes Carl and Jaime Barratt 30 min + Q&A	11:00 AM	Promote Cooperation and Inclusion Through Kin-Ball and Omnikin Games Paolo Zambito 45 min + Q&A	The Body is Political Robin Lacambra 1 hour + Q&A	*Sports-Themed Dances That Develop Physical Literacy Melanie Levenberg 45 min + Q&A
12:00 PM	Safe Progressions in Strength, SAQ, and Plyometric Training Jordan Foley, Steve Lidstone and Trevor Cottrell 1.5 hour Live Panel Discussion		How to Motivate Seniors to Exercise Erin Billowits 1 hour + Q&A	12:00 PM	Fun, Inspiration and Opportunity - Krista DuChene's Journey Krista DuChene 1 hour Live Keynote		
1:30 PM	Inclusive, Active Learning Spaces & Strategies: What's Gender Got To Do With It? Andrea Haefele and Deneice Bell 1 hour + Q&A	Injury Management and Prevention - How To Stay In The Game Dianna Moulden 1 hour + Q&A	Keep Kids Moving with BOKS - A Showcase of New Resources and Best Case Practices Kyla Crocker 1 hour + Q&A	1:30 PM	Multi-Sport and Play; A Foundational Tool for Success Chris Woodcroft 1 hour + Q&A	Returning To Sport/Activity Post-Covid Sarah Gallswothy 1 hour + Q&A	
2:30 PM	BREAK			2:30 PM	BREAK		
3:30 PM	Recess is The Bridge to Recovery Lynn Campanella and John Madalena 1 hour + Q&A	*Physical Literacy Enriched HIIT Ted Temertzoglou 1 hour + Q&A	Dallas Soonias Speaks On It Dallas Soonias 30 min + Q&A	3:30 PM	Is Exercise The Most Powerful Intervention for Mental Health Illness? Chett Binning 45 min + Q&A	*Discovering & Sharing Dance with Canada's National Ballet School Megan Ferris 45 min + Q&A	Experience and Evidence Based Approach to Coaching Girls in Activity and Sport Sharlene Loudon and Kristen Parise 45 min + Q&A
4:30 PM	BREAK			4:30 PM	BREAK		
5:00 PM	*FUN Active Participation for ALL Chris Wilson & Kimberly Gilhespy 45 min + Q&A			5:00 PM	Inclusive Participation in Sport and Recreation Archie Allison 1 hour + Q&A	What Brain Science Tells Us About Inclusion: Racism, Disability And Otherness Dr. Colin Higgs 45 min + Q&A	*Stop Typing and Let's Get Moving: Helping Students Get Moving During the Online Learning Day Tim Scott 45 min + Q&A
6:00 PM	Tackling Diversity and Inclusion in Sport Kwame Osei 1 hour Live Keynote			6:00 PM	Celebrating 5 Years of Program Impact and Development Megan Ferris 30 min + Q&A	Reinvisioning Exercise Participation Callen McGibbon 30 min + Q&A	

Streams	Education (ECE and elementary)
	Admin/ Rec Leaders/ Research/ Public Health
	Community Recreation/ Coaches/ Parents
	Accessibility and Disability
	Older Adults
*Active movement presentation	